

Art Appreciation 1The Art Of Seasons

Title: The Art of Seasons

Journey through the changing seasons as seen through the eyes of artists across cultures and centuries. In this relaxing and reflective course, we will explore how nature's rhythms (autumn, winter, spring, and summer) have inspired visual art from Japanese ink painting to European landscape traditions. Each session begins with a seasonal poem to set the tone, and includes discussion of artworks, symbolism, and creative responses.

You will be gently introduced to the mindful art of sumi -e (Japanese ink painting), using brush and ink to express the mood and energy of each season. Through slow, focused mark-making and observational drawing, you will create simple yet expressive seasonal artworks. No previous experience is needed—just curiosity and a willingness to explore art, art history and art practice.

Start Date: 25 September 2025

Start Time: 10:00

Lessons: 10

Weeks: 10

Hours: 20.00

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

PLEASE DO NOT BUY TOOLS AND EQUIPMENT UNTIL YOU KNOW THAT THE COURSE WILL RUN.

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

What Will I Learn On This Course?

Learners will:

1. Participate in discussion to aid understanding of how different cultures and historical periods have represented the seasons in visual art
2. Develop practical skills in sumi -e brush techniques and seasonal composition to produce at least 1 experiment
3. Reflect on personal associations with the seasons and express these through discussion or practical experiments with the materials given

Whether you would like to learn new creative skills or to investigate the possibility of a new art -based career, MAE Community Learning courses can provide you with a stepping stone to progress

Is This Course Suitable For Me?

This course is open to all and requires no prior art knowledge. It is especially suitable for those who enjoy talking about and exploring art and art history as well as those who want to explore seasonal themes, nature, mindfulness, or gentle creative exploration.

Is There Anything Else I Need To Know About This Course?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

Pen

Pencil, eraser, sharpener

You will be provided with a sketch book and basic art materials to use within the class

Will There Be Additional Costs?

Learners may wish to purchase their own art materials, but this is not essential. Your tutor can advise those who wish to purchase items after the first lesson.

What Could I Go On To Do After This Course?

Your tutor can talk to you about other subject related course available. Your progression course is R254117A Art Appreciation 2 – Art and Travel, Journeys through Painting

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

What Is The Attendance Policy?

Multiple sessions-

To get the most out of your course you will need to attend as many sessions as possible. We recommend at least 90%. If you do have a holiday booked during term time, please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

Health & Safety

Health and Safety Disclaimer

By participating in the live class, you accept that you understand that art involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is an art activity, and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with art materials. MAE is not responsible for damage to items in your house / home or person.

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